

## Prevent Heat stress with Body Temperature Monitoring

While firefighting inherently involves risks, some are preventable. Unchecked heat exposure poses grave threats, causing heat-related illnesses and long-term health issues, compromising performance and safety. Long-term consequences include cardiovascular events, neurodegenerative diseases, and elevated fatigue levels, impacting performance and safety.

What contributes to firefighters' intensive thermal strain?

- Face radiant heat exceeding 600 degree Celsius.
- > Physical exertion levels comparable to professional athletes.
- Wearing heavy turnout gear that impedes cooling.
- Prolonged deployment in scorching sun and humid conditions.
- Individual characteristics including age, fitness level, BMI, and overall health status.

Average

2.400

firefighters report thermal stress injuries annually.1

In a ten year periodt

**255** 

firefighters lost their lives due to heat stroke<sup>2</sup>

Sudden cardiac deaths

45%

among the causes is repeated exposure to hot conditions.<sup>3</sup>

https://www.nfpa.org/education-and-research/research/nfpa-research/fire-statistical-reports/firefighter-injuries-in-the-united-states

<sup>2.</sup> https://www.cdc.gov/niosh/fire/reports/face201117.html

<sup>3.</sup> https://www.ncbi.nlm.nih.gov/pmc/articles/PMC293431/

## **Measure, Act, Protect!**

Our CALERA® solution offers an innovative approach to monitor core body temperature continuously, alerting firefighters when to take preventive action to avoid excessive heat strain.



Our cutting-edge technology ensures reliable, non-invasive monitoring of core body temperature, even in extreme environmental conditions. With CALERA®, firefighters stay ahead of heat-related risks, and take timely interventions to prevent heat-related illnesses and injuries.

## Product features

- > Measures core body temperature and heat strain.
- > Reliable data despite extreme hot environments.
- > Comfortable under turnout gear.
- > Water and sweat proof.
- > Rechargeable with 6 days battery power.
- > Team dashboard.



